

Camp Millhouse Packing List

We suggest you do not bring electronic devices (including cameras) unless medically necessary or used as a part of a behavior support plan or bedtime routine.

*****Camp Millhouse is not responsible for any lost items*****

| Item | Suggested Amount | # packed |
|--------------------------------------|-------------------------|----------|
| T-shirts | 6-8 tops | |
| Shorts | 6-8 pair | |
| Jeans | 1-2 pair | |
| Underwear | 8-10 pair | |
| Socks | 8-10 pair | |
| Bras | 3 or more | |
| Wash Cloths | 5 | |
| Towels for bathing | 3 | |
| Towel for the pool | 1 | |
| Pajamas (light weight) | 1-3 pair | |
| Soap (liquid or bar) | 1 | |
| Shampoo | 1 | |
| Conditioner | 1 | |
| Toothbrush/Toothpaste | 1 | |
| Bug spray | 1 | |
| Sunscreen | 1 | |
| Eating aids (if needed) | 1set | |
| Feeding pump, bags and formula | Proper amount needed | |
| Sweatshirt/Jacket | 1 | |
| Swimsuit | 1 | |
| Twin sheets-flat & fitted-see below* | 1 | |
| Pillow w/pillowcase | 1 or more | |
| Light-weight blanket | 1 | |
| Pull-Ups/Briefs/Attends | Plenty to last the week | |
| Sanitary pads | Plenty to last the week | |
| Laundry bag | 1 | |

Note: Laundry is available for emergencies only. Please be sure your camper packs enough clothes to last the week.

***Please do NOT send a sleeping bag of any kind. If our staff have to wash your camper's bedding due to an accident, we cannot wash sleeping bags. Please send bed sheets, a light blanket and a pillow with a pillowcase. Thank you for understanding.**

PACKING TIPS

It would be **tremendously helpful** to our cabin staff if you would be sure to mark **all belongings** with your camper's first initial & last name in permanent marker.

New packing request: When packing your camper's clothes, could you please pack them as individual outfits by rolling everything for one day together (shirt, shorts, underwear, & socks) and rubberbanding/taping it, or putting each days outfit in a 1 or 2 gallon Ziploc-type bag. By doing so, it helps us help your camper build independence as we can ask them to "grab an outfit" or "which outfit do you want" from the five bagged or rolled outfits. Extra clothes can just be in their bag. Thank you!!!

