

## Camper Physical

**TO BE COMPLETED BY YOUR HEALTHCARE PROVIDER (M.D., N.P., P.A., D.O.)**

Camper's Name: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

History of reaction to food, serum, drugs or medications? \_\_\_ Yes \_\_\_ No

Explain: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ B/P: \_\_\_\_\_ Pulse: \_\_\_\_\_ Resp \_\_\_\_\_

Visual Impairment? Yes \_\_\_ No \_\_\_\_\_

Hearing: Right normal? Yes \_\_\_ No \_\_\_\_\_ Left normal? Yes \_\_\_ No \_\_\_\_\_

Impairment: \_\_\_\_\_

**Immunization History:**

Date (month/year) of most recent tetanus shot: \_\_\_\_\_

Has patient completed the immunizations that were required for school attendance?  Yes  No

System	Satisfactory	Unsatisfactory	Describe Abnormalities
Skin, Lymphatic			
Eyes			
Ears			
Mouth			
Nose, throat			
Neck, thyroid			
Chest, breasts, lungs			
Heart rate/rhythm			
Heart murmur (describe)			
Abdomen, liver, kidneys, spleen			
Extremities (back, spine)			
Joints			
Neurological			
Psychological			

Current Diagnosis(es): \_\_\_\_\_

The following abnormalities should be noted: \_\_\_\_\_

The camper: \_\_\_\_\_ does \_\_\_\_\_ does not, have a history of emotional, psychological or psychiatric disturbance.

Applicant may participate in camp activities: \_\_\_ with restriction \_\_\_ without restriction

Camper should not participate in sports. Reason for limiting activity: \_\_\_\_\_

Please note: All Camp Millhouse activities are modified for each camper's individual abilities.

The following non-prescription medications may be stocked in the camp Health Center and are used on an as-needed basis to manage illness and injury. Please cross out those medications the camper should NOT be given.

Acetaminophen/Tylenol  
Benadryl  
Chloroseptic Throat Spray  
Cough Drops  
Imodium  
Ibuprofen/Advil  
Tums

Milk of Magnesia  
Robitussion/Guaifenesin  
Sudafed PE/Phenylephrine  
Aloe Gel/Lotion  
Triple Antibiotic Ointment  
Bandaid Antiseptic Wash  
Hydrocortisone Ointment

Calamine Lotion  
DEET-Free Insect Repellent  
Sunscreen  
Tinactin  
Artificial Tears

**Health Care Provider** (please print):

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_

(Original signature required-no stamps)